



FREE PARENTING SEMINAR

For Families with Children Ages Birth to 12 Years
A University of Family Learning Workshop (Course 430)



Raising Competent Teenagers

Set your teenager up for success with strategies that can help your teen get the most out of their school years. Find out how to help them:

- ✓ Effectively communicate
- ✓ Develop self-discipline and good routines
- ✓ Follow rules
- ✓ Solve problems

Who: Parents and Guardians of KO Knudson

Date: Thursday, March 17, 2022

Time: 11:00 a.m. – 12:00 p.m.

Hosted by KO Knudson MS

Where: Virtually on Google Meet

Link here: meet.google.com/zie-mqvd-zsy



SEMINARIO GRATUITO DE CRIANZA

Para Familias con Niños de Edades 0 a 12 Años
Un Taller de la Universidad de Aprendizaje Familiar (Curso 430)

Educando Adolescentes Competentes

Prepare a su adolescente para el éxito con estrategias que podrían ayudarlo a obtener lo máximo de sus años escolares. Encuentre la manera de:

- ✓ Comunicarse efectivamente
- ✓ Desarrollar buenos hábitos y auto disciplina
- ✓ Seguir reglas
- ✓ Resolver problemas

Quién: Padres/Familias KO Knudson MS
Cuándo: **jueves**, 17 de marzo, 2022
Hora: 11:00 a.m. - 12:00 p.m.
Dónde: **KO Knudson Escuela Secundaria**
Formato: Virtualmente en Google Meet
Enlace: meet.google.com/zie-mqvd-zsy